MULTI CULTURAL FAIR
2014

South East Asia

Thailand
A Taste of Adventure

Term 3  Issue 4
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Thank you for your wonderful support of the Multicultural Fair 2014. It was a great day to celebrate our Multicultural School Community with incredibly delicious food, brilliant performances and amazing junior artworks. Our parents did a magnificent job organising the logistics of the MCF and again were well brilliantly led by Mrs Melissa Jones.

The MCF highlighted what a talented group of students we have here not only in the arts but also leading in environmental education, social justice and school leadership. It was a very positive day despite the rain and was very well attended.

The MCF was a great success due to the hard work and dedication of students, staff and parents who worked together to make sure the day was very enjoyable and highly memorable.

Thank you to the students who delivered the flyers advertising this annual event. Flyers were distributed from Strathfield to Mt Colah. Students your efforts were much appreciated.

Also thanks to the members of the Prefects, SRC, High Resolves and FRED, who had stalls highlighting student leadership, social justice and environmental issues.

Thank you also to all the girls who ran the Henna stall, which was very well attended and continued long after the official closing time.

To our students who organised the robotics stall and display with Macquarie University - well done. It was great to see this addition to the MCF.

To all our musicians, singers and dancers who performed, highlighting our truly multicultural school. Your performances were amazing. Our special mystery guests of course were members of the Japanese Class who dressed in their kimonos and performed a beautiful song. Well done to all our performers. Not only were your parents proud of you but also your teachers whether they were your music, dance or class teachers.

Congratulations also to the Junior Art Exhibitors. The Junior Art Exhibition was very well attended throughout the day. The art on display was stunning and a testament not only to the artistic skills of the students but also the guidance and development that has been expertly provided to them by our Visual Arts department.

Thank you also to all the parents and students who assisted on stalls with the distribution of food or drinks or on the tombola. Everyone at the fair commented not only on the beautiful food that was available from around the world but also the very positive atmosphere surrounding the day.

Thank you also to all the parents and students who helped with the set-up and pack-up of the stalls at the beginning and the end of the day. Without your assistance the day would not have been as smooth and hassle free.

In other news, congratulations to the Music department and the VATAS Faculty for the excellent HSC exhibit on Wednesday night. This showcase of student talent demonstrated just how brilliant our students are in the creative fields of Music, Design and Arts. Thank you to their teachers Mrs Armitage, Ms Lech and Mr Hughson for inspiring the students.

Thank you to the Head Teachers Ms DeLosa and Mrs Roberts for your ongoing support and organisation. Thank you to Ms DeLosa for her overall leadership of the showcase. Every year the performances and works are stunning. On a personal note I particularly liked Milly Scott's artwork, Nethmi Ratanayake's design and Fiona Gao's piano performance. The music class gave a very touching speech of appreciation to Mr Hughson for his inspirational work over four years to help the students to achieve their personal bests.
Last night the Spring Concert which is the final concert performance for our Year 12’s was held in the school hall. The band and orchestra and flute ensembles gave inspired performances again expertly conducted by Ms Dietz. Certificates were distributed to all members of the band, orchestra and flute ensembles and the new captains of the band and orchestra were also inducted last night.

Thank you to the Band and Orchestra Committee for your ongoing support and encouragement of our music program.

Justin Briggs
Principal
HSC MUSIC, VISUAL ARTS AND DESIGN EXHIBIT 2014

MULTI CULTURAL FAIR 2014
Legacy is a unique Australian charity providing services to the families suffering financially and socially after the incapacitation or death of a spouse or parent, during or after their defence force service. Legacy currently care for around 90,000 widows and 1,900 children and disabled dependants throughout Australia. To support Legacy and their 5,900 volunteers around Australia, the 2014 Hornsby Prefects will be taking part in Legacy’s major fundraiser next week. They will be selling the $5, $10, $20 and $50 Legacy badges around the Hornsby area. If you would like to support this charity, badges will be available from the front office.

MCF 2013 Chinese Stalls Student Helpers List

Student's Name and Class (Helpers in the Food Stall, Craft Stalls and Performances)

Anika Ng Yr12, Gemma Au-yeung Yr11, Stephanie Lau Yr8, Anna Deng Yr12, Joanna Chan Yr11, Kelly Zhou 8Q, Lisa Huang, Leanne Mak Yr11, Sarah Zeng Yr8, Jasmine He Yr12, Lovelle Hung Yr11, Rachel Line 7Q, Louisa Chen Yr12, Katherine Du Yr10, Amada Liu 7K, Naomi Ng Yr12, Annie Zhang Yr10, Dora Dong 7K, Tina Yun Yr12, Betty Wu Yr10, Lily Chen 7K, Sharron Chen Yr11, Noel Nakoji Yr10, Lauren Lee 7 Caroline Cheng Yr11, Sabrina Xian Yr9, Xinga Wu 7X, Christina He Yr11, Brittany He Yr9, Jessica Chiu 7Q, Jasmine Tang Yr11, Joanna He Yr9, Emily Tang 7T, Christina Zhou Yr11, Beatrice Au-Yeung Yr9, Vivian Zhao 7T, Yvonne Chuk Yr11, Cynthia Zhuang Yr9Q, Michelle Ai 7T
ARE YOU A SINGLE PARENT?

Every week Single with Children provides fun and exciting activities especially for single parents and their children (many activities are subsidised or even free)

It’s a great way to meet and get to know people in your area

To find out more and get a FREE copy of our social calendar, contact us today.

Call 1300 300 496

Or visit our website:

www.singlewithchildren.com.au
Join us at Cherrybrook Athletics Club in September!

For children aged 5 – 16 who enjoy family fun and fitness, Cherrybrook Athletics Club welcomes you!

Cherrybrook's streamlined athletics program runs on Friday nights from 5.45 pm to around 8.00 pm

The program, involving 5 or 6 events of running, jumping and throwing, is held at Greenway Park No. 2 Oval from 5 September to mid-March. Training is available Mondays and Wednesdays at the oval (for a fee) under the guidance of the professional coaching team.

The club is not only a second family to its 460 members, but highly competitive. In 2014 the club achieved 30 medals at the NSW Little Athletics State Championships, to be ranked in the top 3 clubs in NSW.

You can trial for 2 weeks for $30, on 12 September and 19 September. Trialling is not available on 5 September.

For more information on registrations see www.cherrybrookathletics.org.au. Register online and come along to our registrations days on 24 August and 27 August to collect your registration numbers. There is a discount for online registrations. Fees start from $135.

For Saturday athletics in your area contact Hornsby, Ku-ring-gai, North Rocks, Northern Districts or Ryde Little Athletics Centre.
**Parenting Programs**

Child & Adolescent Parenting

**WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CAREERS**

**Tuning in to Teens Course**
Skills to communicate with your teenagers so that you understand each other better & are able to build positive relationships.
- Understanding teenagers today & communication skills
- Emotional intelligence skills
- How to prevent behaviour problems & conflict resolution
  Chatswood 5 wks/2.5hrs  (6/11 - 4/12, 7.00-9.30pm)

**Dealing with Teen's Backchat Workshop**
- Learn how to restore a respectful & positive relationship with your teenager
- Understand what it is like being a teenager today
- Learn how to talk so that they listen & how to listen so that they talk to you
  Chatswood (30/10, 7.00-9.30pm)

**Tuning in to Kids Course**  -  Chatswood (28/10 - 25/11)

**Triple P (Positive Parenting Program) Course**  -  Chatswood (22/10 - 3/12)

**NEW Communicating with Kids Workshop**  (based on PET)  -  Chatswood (24/11)

**WORKSHOPS ON REQUEST FOR PARENTS/CARERS OF TEENS - 9887 5830**
- Dealing with Teen's Back Chat
- Transition to High School
- Triple P Seminar Series (Teens)
- Resilient Kids
- Bully Busting Workshop

**OTHER WORKSHOPS ON REQUEST (2-2.5 hours)**
- Understanding Your Toddler/Discipline & Tantrums
- Tucker without Tantrums/Toilet Training
- Speech & Language Development/Sleep
- Triple P (PPP) Seminar Series (1-12 years)
- Older Sibling - New Baby
- Transition to School
- Grand Parenting
- Communicating with Kids

**Enquiries: Child & Adolescent Parenting  9887 5830**

**NSW Health**
Northern Sydney Local Health District
Sunday 14th September
North Steyne Beach

- A fun morning on the beach for the whole family
- Enter a relay team from your school
- Events for beginners to advanced with shuffles of 250m up to 4km
- Challenge the Warrior, with more extreme obstacles and heavier weights in his new race for 2014 … ‘Super Warrior Challenge’
- Raise awareness and funds for youth mental health in Australia

softsandshuffle.org.au
facebook.com/softsandshuffle

One in four young people in Australia live with a mental health issue
Support change now