The SRC Induction was held on Thursday 19 February. Congratulations to the following students who were inducted as members of the SRC: Kathleen Adidharma, Esther Ahn, Mary Bajo, Simone Boucher, Emily Chen, Zahin Chowdhury, Natalie Chua, Shanaya De Silva, Avanti Gomes, Emma Gosbell, Peoly Gunaratne, Emma Hancock, Nicole Leung, Christina Liao, Rachel Line, Victoria Liu, Juyeon Oh, Senara Perera, Chiettha Prajnadewie, Stacey Pratama, Jenny Qian, Rebecca Stock, Ka Wei Suen, Jade Tan, Sabrina Utharntharm, Rosy Wanasinghe, Thornia Yeung, Sihyun Yim, Linda Zacharia and Sarah Zeng. A special acknowledgement to our new Head of SRC, Natalie Chua (Year 11) and Deputy Head Thornia Yeung (Year 11). Thank you to Mr Fish the SRC Coordinator for organising the induction ceremony which included a superb performance from the Symphonic Band and conductor Mrs Dietz.

The school is participating in a number of activities to celebrate International Women’s Day next week. Students from the Year 8 Social Justice Group and Mrs Goodwin (HSIE) will be attending a breakfast meeting held at Asquith Girls High School on Thursday March 5. This meeting will raise awareness and support the education of girls and young women in Afghanistan through the organisation Mahboba’s Promise (mahbobaspromise.org). Also on that day Four Year 11 and Year 12 students will be attending a High Tea with the Australian Defence Force at Chowder Bay with Dr Turner and Mrs McClure to celebrate International Women’s Day. On Friday 13 March Year 10 students from the Social Justice Group will be attending a luncheon at the Uniting Church at Turramurra. This luncheon will raise awareness of current slavery of women and children in parts of Africa. My niece Ms Hayley Aldrich a well-respected Human Rights lawyer is one of the organisers of the sold-out Sydney International Women’s Day Breakfast. She has invited seven HGHS prefects and Mrs Marriott to assist her with the morning’s activities. The event will be held at the Australian Technology Park at Redfern on Friday March 6. This voluntary assistance by our prefects links into the school’s philosophy of ‘service learning’; that is by helping
others we also learn new skills. All the girls involved in these activities will hear inspirational speakers and network with current and future leaders. Well done to all the students and teachers who are involved in these four activities celebrating International Women’s Day.

The Annual Swimming Carnival was held on Wednesday 18 February at Parramatta Pools. Congratulations to all the students involved in our last Swimming Carnival at Parramatta Pools. It was another great success with many parents also in attendance. Thank you to Ms Coggins (PDHPE) for organising the carnival. In 2016 we intend to hold our Swimming Carnival at the Hornsby Aquatic Centre.

The whole school began their preparation yesterday for the House Choir Competition. This competition will allow the five school houses to work on a particular song or songs over the course of the first semester in preparation for the ‘sing off’ during the last week of Term Two during ‘School Spirit Week’. During this week’s choir assembly I observed Turner House’s preparation for the event under the expert guidance of their music captain Dorothy Chung (Year 11). Thank you to Mr Hughson and Mr Fish (Music Department) for their organisation of this annual event.

The P and C Mother Daughter Night ‘Vietnamese Cooking Challenge’ for Saturday 21 March has almost sold-out. Only three places are left for the 6pm – 7:30pm cooking session. The 4pm – 5:30pm session has sold out. Thank you to our parent organisers Mrs Lee and Mrs Mathias for their promotion of this event.

Please see the Grounds Day information in this edition of the TORCH. Thank you to our parent organisers Mr Andrew Roberts and Ms Catherine Lentfer. I look forward to seeing you this Saturday.

Kind regards,
Justin Briggs, Principal

PE News...

Sydney North Tennis Triumph
Congratulations! To Laura Wunderlich - Yr 8 who competed in the 'Senior' Sydney North Tennis Trials recently and came Runner Up. This is a wonderful achievement for such a young player in an Open Tournament!!
HGHS Rowing
The HGHS Rowing Team is competing in the NSW Schoolgirls Head of River Competition on Sunday 8 March. Eve Timms and Laura Wunderlich (Year 8) also competed last weekend in individual races where they achieved excellent results including firsts in the individual skulls. Congratulations girls and we wish you all the best for the NSW Schoolgirls Competition.

Year 11 Camp Jindabyne

Year 11 students have just returned from 5 memorable days in beautiful Jindabyne. The Ropes Challenge and Canoeing activity enabled students to challenge themselves and get outside their comfort zone. The mandatory Crossroads program was implemented by the very able NSW Sport and Recreation instructors. This program is designed to develop reflection and risk management skills, assisting students to grow in confidence and self-esteem. Team building and leadership skills were an additional benefit of the fun evening games and activities. Jindy Markets was particularly successful and allowed students to showcase their extra-curricular skills such as ‘pancake making’ and ‘hair braiding’.

The annual trek to the top of Mt Kosciuszko was completed in pleasant weather conditions. Students witnessed the varied Alpine flora and fauna and developed a greater appreciation for nature thanks to our informed Sport and Rec instructors. Once at the top many ‘selfies’ were taken to commemorate the conquering of one of The Seven Summits.

As always the students were a pleasure to take away. My heartfelt thanks go to the 5 other staff members that accompanied me on our trip; Mrs De Losa, Ms Viswanathan, Mrs Gilmore, Mrs Goodwin and Mrs Elliott. Your support and positive attitude was greatly appreciated!!

Ms Davenport
Swimming Carnival
Wednesday 18th February

Congratulations to all the enthusiastic students who participated in the carnival on the day! THANK YOU to all the staff and parents for their support and effort in making the carnival a huge success!

AGE CHAMPIONS

<table>
<thead>
<tr>
<th>Age</th>
<th>Champion</th>
<th>Runner Up</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 YRS</td>
<td>Angela Xie</td>
<td>Emily Gu</td>
</tr>
<tr>
<td>13 YRS</td>
<td>Sarah Chong</td>
<td>Freya Roberts</td>
</tr>
<tr>
<td>14 YRS</td>
<td>Hiro Kojo</td>
<td>Eve Timms</td>
</tr>
<tr>
<td>15 YRS</td>
<td>Grace Roberts</td>
<td>Olivia Se</td>
</tr>
<tr>
<td>16 YRS</td>
<td>Louise Zhang</td>
<td>Soo Bin Lee</td>
</tr>
<tr>
<td>17 YRS</td>
<td>Michelle Lokugamage</td>
<td>Leanne Mak</td>
</tr>
</tbody>
</table>
Champion of Champions

Fastest student - 50m Freestyle

1st – Hiro Kojo
2nd – Soo Bin Lee
3rd – Grace Roberts

Congratulations for the second year in a row to TURNER HOUSE and their house leaders who swam them to victory on the day, winning the overall point score!

HGHS P&C Grounds Day SATURDAY 28 February 8am -11am

The main tasks will be weeding and mulching the front gardens, weeding the gardens in the COLA, cleaning the front fence on Edgeworth David Avenue and spreading red river gravel under the trees behind the canteen.

The MEETING PLACE will be out the front of the School, (near front steps).

The TOOLS AND EQUIPMENT you will need to bring are:
• gardening gloves, hat/sunscreen, solid footwear (shoes/boots, not sandals) and appropriate clothing (We will try to run it even if it rains a little, so perhaps bring a raincoat if it looks a bit drizzly)
• Shovels, crowbars and mattocks (for planting trees)
• Weeding tools
• Buckets, rags, sponges with light scourers, and a bit of detergent
• Rakes (spreading mulch) and brooms (cleaning up)
• Wheelbarrow if you have one (for transporting mulch)
• If you have a hedge trimmer or shears, it would be useful to bring them too

Please bring a bottle of water to prevent dehydration.

You will need to sign on when you start and finish for the day (to ensure that you are insured).

We will stop for morning tea at around 9.25 am.

Please note the early start – this is to avoid the heat. If you cannot get there by 8, don’t worry, just turn up as soon as you can, and sign on in the book which will be inside the front door of the School.

Please note that we will go ahead unless it is REALLY raining, the wet ground makes weeding much easier. If we do decide to call it off, we will send you an e-mail by Friday evening.

Looking forward to seeing you!

Andrew Roberts and Catherine Lentfer (Grounds Co-ordinators)
“PARENT SURVIVAL STRATEGIES FOR TEACHING YOUNG DRIVERS”

FREE In-Depth Seminar for PARENTS/SUPERVISING DRIVERS
together with YOUNG DRIVERS

MONDAY – 16 MARCH 2015
6.00 PM for 6.30 PM – 8.30 PM

AT
KU-RING-GAI COUNCIL CHAMBERS, LEVEL 3,
818 PACIFIC HIGHWAY, GORDON - ACCESS VIA REAR ENTRANCE

LIGHT REFRESHMENTS

STAY ALERT - HAVE AN ESCAPE!!!!

Presenter: Jeff McDougall - Trent Driving School
Immediate Past President, Australian Driver Trainers Assoc NSW Ltd
Member National Executive Committee of the Australasian College of Road Safety
Member of K’gai Police & Community Safety Committee, Former MD Trent Driving School

will discuss the Vital Aspects of
WHAT YOU NEED TO KNOW WHEN TEACHING A YOUNG DRIVER:

○ A Comprehensive and Organised Approach to the Driving Task
○ The Five Crash Risks for Young Drivers: Preparation for the Driving Test
○ Keeping the Log Book Honest: Teaching Practical Skills Safely
  ○ The Components of Driving: Strategies for Safe Driving
  ○ Effective Partnerships: Making it a Positive Experience

Vital information about the current driving test!

BOOK EARLY – SEATS LIMITED: Phone Carroll on mobile 0405 558 660
or email carroll.howe@gmail.com